



Fitness Fusion Fun!

Sun 23rd Sept

10am-12pm

Alderbury Village Hall

£10 Entry

A fusion of Dancercise, DDMIX &
Body Conditioning

To book please call

Sam 07765 836614

or

Natalie 07980 838708



Charity no. 1052284

Fundraising in
support of the

Stars Appeal

Refreshments included
Goody Bags for the first 20
through door on the day!