

## Harvest Appeal Shopping List

Please buy an item from this list for the foodbank

- Potatoes (tinned)
- Fruit Juice (long-life)
- Pulses (Tinned)
- Vegetables (Tinned)
- Meat (Tinned)
- Rice (500g or 1kg)
- Sugar (500g)
- Fruit (Tinned)
- Chocolate – bars

*Thank you for your support*

Over the last year, the foodbank has collected and distributed 50+ tonnes of food to over 4,000 local people in need and local feeding projects. Your gifts make a huge difference in our community.



Reg. Charity in England & Wales  
(1110522) and  
Scotland (SCO44246)  
Reg. Ltd. Company in England &  
Wales (5434524)

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